

Another reminder about living!

(Reflection submitted by B. Larmer)

Barely the day started and... it's already six in the evening.

Barely arrived on Monday and its already Friday.

... and the month is already over.

... and the year is almost over.

... and already 55 or 65 or 75 years of our lives have passed.

... and we realize that we lost our parents, friends.

and we realize it's too late to go back...

So... Let's try, despite everything, to enjoy the remaining time...

Let's keep looking for activities that we like...

Let's put some color in our grey...

Let's smile at the little things in life that put balm in our hearts.

And despite everything, we must continue to enjoy with serenity this time we have left.
Let's try to eliminate the afters...

I'm doing it after...

I'll say after...

I'll think about it after...

We leave everything for later like " after " is ours.

Because what we don't understand is that:

Afterwards, the coffee gets cold...

afterwards, priorities change...

Afterwards, the charm is broken...

afterwards, health passes...

Afterwards, the kids grow up..

Afterwards parents get old..

Afterwards, promises are forgotten...

afterwards, the day becomes the night...

afterwards life ends...

And then it's often too late...

So... Let's leave nothing for later...

Because still waiting see you later, we can lose the best moments,

the best experiences,

best friends,

the best family...

The day is today... The moment is now...

We are no longer at the age where we can afford to postpone what needs to be done right away.

So, let's see if you have time to read this message and then share it.

Or maybe you'll leave it for... " later "...

And you'll never share it...

Anonymous